


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Catholic Eucharist <b>LB</b> 2:00 Movie Matinee "Lost in Translation" <b>LH</b>	<b>2</b> 10:00 Senior Strong Fitness with Susie <b>LH</b> 11:30 Assisted Living Decorating Party <b>ALA</b> 2:30 Mah Jongg <b>L6</b> 3:00 University Express Lecture from Williamsville "Self-Talk" <b>LH</b>	<b>3</b> 9:30 Senior Strong Fitness streamed from Williamsville <b>LH</b> 10:00 Shopping-Wegmans <b>Lobby</b> 10:30 Current Events with John LaFalce <b>CA</b> 11:30 Residents Meeting <b>LH</b> 1:30 Bridge Club <b>L6</b> 3:00 Movie Repeat "Funny Girl" <b>LH</b> 7:30 Movie Night "Downton Abbey" <b>LH</b>	<b>4</b> 10:00 Yoga with Kandy <b>LH</b> 11:30 Independent Living Decorating Party <b>CA</b> 4:00 to 5:30 Special Happy Hour Downstairs with Holiday Market <b>LH, L1</b>	<b>5</b> 9:30 Senior Strong Fitness streamed from Williamsville <b>LH</b> 10:00 Shopping-Galleria Mall <b>Lobby</b> 11:00 Knitting and Needlework <b>CA</b> 2:00 Afternoon Tea and Cookies with Karen <b>LB</b> 3:00 Scrabble Club <b>L6</b> 7:30 Movie Night "Ansel Adams Documentary" <b>LH</b>	<b>6</b> 10:00 Sculpted Senior with Kandy <b>LH</b> 11:30 TED Talk-Tracy Chevalier "Finding the Story Inside the Painting" <b>LH</b> 1:30 Art Class-Art Using Recycled Materials <b>CA</b> 3:00 University Express Lecture from Williamsville "Art in Paris" <b>LH</b>	<b>7</b> 7:30 Movie Night "Follies" <b>LH</b>
<b>8</b> 10:00 Catholic Eucharist <b>LB</b> 1:00 Bills Football at Ravens <b>L1</b> 2:00 Movie Matinee "The Da Vinci Code" <b>LH</b>	<b>9</b> 10:00 Senior Strong Fitness with Susie <b>LH</b> 1:00 Town Hall Meeting <b>LH</b> 2:30 Mah Jongg <b>L6</b> 3:00 University Express Lecture from Williamsville "Quilts and the Underground Railroad" <b>LH</b> 4:00 Special Happy Hour with Buffet <b>L6</b>	<b>10</b> 9:30 Senior Strong Fitness streamed from Williamsville <b>LH</b> 10:00 Shopping-Dash's <b>Lobby</b> 10:30 Sculpted Senior Fitness streamed from Williamsville <b>LH</b> 11:30 Tiny Desk Concert-Charlie Siem-Violin <b>LH</b> 1:00 Marketing Holiday Open House <b>Whole Building</b> 1:30 Bridge Club <b>C</b> 3:30 Guest Speaker-David Levine <b>LH</b> 7:30 Movie Night "Downton Abbey" <b>LH</b>	<b>11</b> 10:00 Yoga with Sapna <b>LH</b> 1:30 Butterfly House Workshop <b>CA</b> 4:30 Happy Hour <b>L6</b>	<b>12</b> 10:00 Day Trip to the Buffalo Museum of History <b>Lobby</b> 2:30 Afternoon Tea <b>LB</b> 3:00 Scrabble Club <b>L6</b> 7:30 Movie Night "Mark Rothko: Pictures Must be Miraculous" <b>LH</b>	<b>13</b> <b>No Fitness Class Today!</b> 11:30 TED Talk-Beau Lotto, Cirque du Soleil "How We Experience Awe and Why it Matters" <b>LH</b> 1:30 Art Class-Star of David Block Prints <b>CA</b> 4:00 Special Performance-Hope Wilk-Harp <b>LH</b>	<b>14</b> 7:30 Movie Night "Gigi" <b>LH</b>
<b>15</b> 10:00 Catholic Eucharist <b>LB</b> 1:00 Bills Football vs. Steelers <b>L1</b> 4:00 Special Performance-The Westminster Church Handbell Choir <b>LH</b>	<b>16</b> 10:00 Senior Strong Fitness with Susie <b>LH</b> 10:00 Manicures and Pedicures <b>CA</b> 1:30 Assisted Living Check In <b>ALA</b> 2:30 Mah Jongg <b>L6</b>	<b>17</b> 10:00 Shopping-Whole Foods <b>Lobby</b> 10:30 Current Events with John LaFalce <b>CA</b> 11:30 TED Talk- Gunhild Carling "Jazz Trombone" <b>LH</b> 1:30 Bridge Club <b>L6</b> 3:00 Movie Repeat "Gigi" <b>LH</b> 7:30 Movie Night "Downton Abbey" <b>LH</b>	<b>18</b> 10:00 Yoga with Kandy <b>LH</b> 1:00 Guest Speaker-Kristen Surdej from WNY Care Management <b>LH</b> 4:30 Happy Hour <b>L6</b>	<b>19</b> 10:00 Coffee with Paul and Tim <b>CA</b> 1:00 Visit to Crane Library <b>Lobby</b> 2:30 Afternoon Tea <b>LB</b> 3:00 Scrabble Club <b>L6</b> <b>Democratic Primary Debates Time TBD</b>	<b>20</b> 10:00 Sculpted Senior with Kandy <b>LH</b> 11:30 TED Talk-From TED X Buffalo, Jim Cieloncki "Discovering I Knew Nothing About My City" <b>LH</b> 1:30 Art Class-Acrylic or watercolor Sheep Painting Inspired by Menashe Kadishman <b>CA</b>	<b>21</b> 4:30 Bills Football Vs. Patriots <b>L1</b> 7:30 Movie Night "La La Land" <b>LH</b>
<b>Hanukkah Begins at Sundown</b> <b>22</b> 10:00 Catholic Eucharist <b>LB</b> 2:00 Movie Matinee "A Month By the Lake" <b>LH</b> 5:00 Lighting the Menorah <b>L1</b>	<b>Hanukkah Day 1</b> <b>23</b> 10:00 Fitness with Susie <b>LH</b> 2:30 Mah Jongg <b>L6</b> 5:00 Lighting the Menorah <b>L1</b>	<b>Hanukkah Day 2</b> <b>24</b> 10:00 Shopping-Wegmans <b>Lobby</b> 11:30 Tiny Desk Concert-Canadian Brass <b>LH</b> 11:30 to 3:30 Holiday Meal <b>DR</b> 1:30 Bridge Club <b>L6</b> 3:00 Movie Repeat "La La Land" <b>LH</b> 5:00 Lighting the Menorah <b>L1</b> 7:30 Movie Night "Downton Abbey" <b>LH</b>	<b>Hanukkah Day 3</b> <b>25</b> <b>Merry Christmas!</b> 10:00 Catholic Eucharist <b>LB</b> 1:00 to 5:00 Holiday Meal <b>DR</b> 5:00 Lighting the Menorah <b>L1</b> 7:30 Movie Night "Home Alone 1" <b>LH</b>	<b>Hanukkah Day 4</b> <b>26</b> 10:30 Brain Fun! <b>ALA</b> 2:30 Afternoon Tea <b>LB</b> 3:00 Scrabble Club <b>L6</b> 4:30 Happy Hour <b>L6</b> 5:00 Lighting the Menorah <b>L1</b> 7:30 Movie Night "Maiden" <b>LH</b>	<b>Hanukkah Day 5</b> <b>27</b> 10:00 Sculpted Senior with Kandy <b>LH</b> 11:30 TED Talk-Pico Iyer "Where is Home?" <b>LH</b> 1:30 Art Class-Art Puppets Inspired by Alex Kahn <b>CA</b> 5:00 Lighting the Menorah <b>L1</b>	<b>Hanukkah Day 6</b> <b>28</b> 5:00 Lighting the Menorah <b>L1</b> 7:30 Movie Night "Mambo Italiano" <b>LH</b>
<b>Hanukkah Day 7</b> <b>29</b> 10:00 Catholic Eucharist <b>LB</b> 1:00 Bills Football Game at Jets <b>L1</b> 2:00 Movie Matinee "Inherit the Wind" <b>LH</b> 5:00 Lighting the Menorah <b>L1</b>	<b>Hanukkah Day 8</b> <b>30</b> 8:00 Senior Strong Fitness streamed from Williamsville <b>LH</b> 10:00 Fitness with Susie <b>LH</b> 1:30 Knitting and Needlework <b>CA</b> 2:30 Mah Jongg <b>L6</b> 5:00 Lighting the Menorah <b>L1</b>	<b>31</b> 10:00 Shopping-Lexington Co-op <b>Lobby</b> 11:30 Tiny Desk Concert-Jovino Santos Neto Trio "Brazilian Jazz" <b>LH</b> 1:30 Bridge Club <b>L6</b> 3:00 to 7:00 Holiday Meal <b>DR</b> 3:00 Movie Repeat "Mambo Italiano" <b>LH</b> 7:30 Movie Night "Downton Abbey" <b>LH</b>				

# December 2019

If you have any questions, concerns or suggestions for activities please contact Activities Coordinator, Karen Sirgey at 929-5618 or ksirgey@echa.org

**Key - LH-Lunt Hall CA-Cultural Arts S-Studio DR-Dining Room P-Patio L1-1<sup>st</sup> Floor Lounge LB-Library C-Café L6-6<sup>th</sup> Floor Lounge ALA-Assisted Living Activity Room F-Fitness Center**