

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

If you have any questions, concerns or suggestions for activities, please contact Activities Coordinator Karen Sirgey at 929-5618 or email at ksirgey@echa.org

	<p>Happy New Year! 1</p> <p>10:00 Catholic Eucharist LB 1:00 to 4:30 Holiday meal DR 7:30 Movie Night "Home Alone 3" LH No Happy Hour Today. Rescheduled for tomorrow! <small>New Year's Day</small></p>	<p>2</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 2:00 Afternoon Tea and Cookies with Karen LB 3:00 Scrabble Club L6 4:30 Happy Hour L6 7:30 Movie Night "Frozen Planet 2" LH</p>	<p>3</p> <p>10:00 Sculpted Senior Fitness with Kandy LH 11:30 Dining Committee Meeting. All are welcome! LH 1:30 Art Class-Japanese Inspired Bird and Winterberry Watercolors CA</p>	<p>4</p> <p>3:35 Bills Playoff Game at Texans L1 7:30 Movie Night "You Make the Yuletide Gay" LH</p>		
<p>5</p> <p>10:00 Catholic Eucharist LB 2:00 Movie Matinee "Judgement at Nuremberg" LH</p>	<p>6</p> <p>10:00 Senior Strong Fitness with Susie LH 1:30 Butterfly House Workshop CA 2:30 Mah Jongg L6 4:00 Special Happy Hour with Buffet L6</p>	<p>7</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 10:00 Shopping at Wegmans Lobby 10:30 Sculpted Senior Fitness Streamed from Williamsville LH 11:30 Residents Meeting LH 1:30 Bridge Club L6 3:00 Movie Repeat "You Make the Yuletide Gay" LH 7:30 Special Performance by The Fever Pitch String Quartet LH</p>	<p>8</p> <p>10:00 Yoga with Kandy LH 11:30 Assisted Living Check In ALA 1:00 Guest Speaker-Lito Gutierrez "When Prisoners Become Patients" LH 4:30 Happy Hour L6</p>	<p>9</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 9:30 Day Trip-Depart for the Central Library Shakespeare Exhibit Lobby 1:30 Guest Speaker-Chuck LaChiusa-Colonial Circle LH 2:00 Afternoon Tea LB 3:00 Scrabble Club L6 7:30 Movie Night "Mary Beard's Ultimate Rome" LH</p>	<p>10</p> <p>10:00 Sculpted Senior Fitness with Kandy LH 11:30 TED Talk-Paul Kramer "Our Immigration Conversation is Broken. Here's How to Have a Better One" LH 1:30 Art Class-Turkish Tile Patterns CA 5:00 to 7:00 Winter Party-Buffer Dinner will be served and Nadia Nigrin will be playing Violin LH, L1</p>	<p>11</p> <p>No Movie Tonight!</p>
<p>12</p> <p>10:00 Catholic Eucharist LB 2:00 Movie Matinee "Cloudburst" LH</p>	<p>13</p> <p>10:00 Senior Strong Fitness with Susie LH 1:00 Town Hall Meeting LH 2:30 Mah Jongg L6 4:00 Guest Speaker-Zachary Levine "Greta Thunberg and the School Strike for Climate" LH</p>	<p>14</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 10:00 Shopping at Dash's Lobby 10:00 Marketing Lunch and Learn LH, DR, L6 1:30 Bridge Club C 7:30 Movie Night "Downton Abbey" LH Democratic Primary Debate TBD</p>	<p>15</p> <p>10:00 Yoga with Kandy LH 1:30 Brain Fun! ALA 4:30 Happy Hour L6</p>	<p>16</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 11:30 Coffee with Paul LH 2:00 Afternoon Tea LB 3:00 Scrabble Club L6 7:30 Movie Night "Frozen Planet 3" LH</p>	<p>17</p> <p>10:00 Sculpted Senior with Kandy LH 11:30 TED Talk-Dame Stephanie Shirley "Why do Ambitious Women Have Flat Heads?" LH 1:30 Felting with Artist Debbie Retzlaff. Make your own Mug Warmer CA</p>	<p>18</p> <p>11:00 Yoga with Ann Loretan LH 7:30 Movie Night "Chicago" LH</p>
<p>19</p> <p>10:00 Catholic Eucharist LB 2:00 Movie Matinee "The Girl In the Café" LH</p> <p><small>Activity Professionals Week</small></p>	<p>20</p> <p>10:00 Senior Strong Fitness with Susie LH 1:30 Brain Fun! ALA 2:30 Mah Jongg L6</p> <p><small>Martin Luther King Day</small></p>	<p>21</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 10:00 Shopping at Whole Foods Lobby 10:30 Sculpted Senior Fitness Streamed from Williamsville LH 11:30 Tiny Desk Concert-Musical "Come From Away" LH 1:30 Bridge Club L6 3:00 Movie Repeat "Chicago" LH 7:30 Movie Night "Downton Abbey" LH</p>	<p>22</p> <p>10:00 Yoga with Kandy LH 1:30 Knitting and Needlework CA 4:30 Happy Hour L6</p>	<p>23</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 10:00 Shopping-Galleria Mall Lobby 1:30 Creative Writing with Karen Lee Lewis CA 2:00 Afternoon Tea LB 3:00 Scrabble Club L6 7:30 Movie Night "Mary Beard's Ultimate Rome" LH</p>	<p>24</p> <p>10:00 Sculpted Senior fitness with Kandy LH 11:30 TED Talk-Carole Cadwalladr "Facebook's Role in Brexit and the Threat to Democracy" LH 1:30 Art Class-Fun with Photos of Salvador Dali-Mixed Media CA</p>	<p>25</p> <p>7:30 Movie Night "Dream Girls" LH</p> <p><small>Chinese New Year</small></p>
<p>26</p> <p>10:00 Catholic Eucharist LB 2:00 Movie Matinee "The Odessa File" LH</p>	<p>27</p> <p>10:00 Senior Strong Fitness with Susie LH 2:30 Mah Jongg L6 7:30 Special Performance by "The Kindred Duo" LH</p> <p><small>Australia Day (observed)</small></p>	<p>28</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 10:00 Shopping at the Lexington Co-op Lobby 10:30 Sculpted Senior Fitness Streamed from Williamsville LH 11:30 Tiny Desk Concert-Igor Levit-Pianist LH 1:30 Bridge Club L6 3:00 Movie Repeat "Dream Girls" LH 7:30 Movie Night "Downton Abbey" LH</p>	<p>29</p> <p>10:00 Yoga with Kandy LH 11:30 Assisted Living Check In ALA 3:00 Don Licht Presents "Egypt" LH 4:30 Happy Hour L6</p>	<p>30</p> <p>9:30 Senior Strong Fitness Streamed from Williamsville LH 1:00 Library Visit-Crane Branch Lobby 2:00 Afternoon Tea LB 3:00 Scrabble Club L6 7:30 Movie Night "Building the Mighty Wurlitzer Organ" LH</p>	<p>31</p> <p>10:00 Sculpted Senior Fitness with Kandy LH 11:30 TED Talk-Sarah Parcak "Help Discover Ancient Ruins Before It's Too Late" LH 1:30 Art Class-Botanical Illustrations CA</p>	

Key - LH-Lunt Hall CA-Cultural Arts S-Studio DR-Dining Room P-Patio L1-1st Floor Lounge LB-Library C-Café L6-6th Floor Lounge ALA-Assisted Living Activity Room F-Fitness Center